



www.ispiro.co.uk

ISPIRO ESTETICA
Hair & Beauty

Students, John Lewis and Boots employees will receive 10% discount Mon - Fri.

Appointments over 40 minutes duration will require a deposit. No refunds will be given on appointments cancelled with less than 24 hours notice.

There will be a 75% charge for any appointments cancelled with less than 24 hours notice without a valid reason.

Any missed appointments with no notice of cancellation will be charged at 100% rate.

ISPIRO ESTETICA HAIR

Whether you are seeking a precision cut, custom colour, a relaxing or volumising service or a nourishing moisturising treatment, our team have been thoroughly and professionally trained to meet your needs.

ISPIRO ESTETICA BEAUTY

Located on the 2nd floor is our spacious Beauty Salon which has comprehensive facilities for all aspects of beauty therapy and gift packages.

OPENING TIMES

Monday	9am - 5pm
Tuesday	9am - 5pm
Wednesday	9am - 5pm
Thursday	9am - 7:40pm
Friday	9am - 5pm
Saturday	9am - 5pm
Sunday	CLOSED

LADIES CUTTING & STYLING

	Stylist	Advanced Stylist	Senior Stylist	Kerry	Federico
Cut & Finish	£35.00	£37.50	£40.00	£43.00	£46.00
Shampoo & Finish	£23.50	£25.00	£26.00	£28.50	£31.00
Restyle	£39.00	£41.00	£43.00	£46.00	£48.00
Wet Cut	£27.50	£29.50	£32.00	£35.00	£38.00
Long Hair Cut & Finish	£37.50	£40.00	£43.00	£46.00	£48.00
Hair Up Dry	£31.00	£33.00	£36.00	£39.00	£41.00
Hair Up with Cut	£44.00	£46.00	£50.00	£54.50	£57.50
Hair Up with Set	£40.00	£42.00	£45.00	£48.00	£50.00
Full Head Tong	£43.00	£45.00	£47.00	£50.00	£54.50
Half Head Tong	£23.50	£24.50	£25.50	£29.50	£32.00
Curl along with Blow Dry	£8.50	£8.50	£8.50	£8.50	£8.50
Conditioning Treatment	£12.00	£12.00	£12.00	£12.00	£12.00
Bridal Hair	£40.00	£43.00	£47.00	£48.00	£51.50

PERMANENT VOLUMISING & RELAXING

All technical work price inclusive of Cut & Finish

Perm	£82.00	£88.00	£92.50	£95.50	£97.50
Long Hair Perm	£92.50	£97.50	£99.00	£101.50	£103.50
Spiral	£116.00	£120.00	£126.00	£128.00	£131.00
Relaxer	£103.50	£110.50	£116.50	£122.00	£128.00
Top Perm	£64.50	£69.50	£74.00	£76.00	£79.00
No Cut - Reduction	£6.50	£6.50	£6.50	£6.50	£6.50

Out of salon service /

Hair Extensions (temporary and permanent) /

Permanent Extensions /

Temporary Extensions /

from £85.00

on consultation

from £300.00

from £80.00

LADIES COLOUR ZONE

All technical work price inclusive of Cut & Finish

	Stylist	Advanced Stylist	Senior Stylist	Kerry	Federico
Arco Highlights	£78.00	£82.00	£88.00	£90.50	£92.50
Foil / Wraps Highlights	£84.00	£89.00	£94.50	£96.50	£98.50
Cap Highlights	£72.00	£77.00	£81.00	£83.00	£86.00
Permanent Colour	£75.00	£79.00	£83.00	£85.00	£87.00
Semi Permanent Colour	£67.50	£72.00	£75.00	£77.00	£81.00
Colour & Flashes	£89.00	£93.50	£98.00	£99.50	£101.50
Colour & Half Head Highlights	£95.00	£99.50	£103.50	£104.50	£107.50
Colour & Highlights	£102.50	£106.50	£113.00	£115.00	£117.00
Semi & Flashes	£82.00	£86.00	£90.00	£92.50	£96.50
Semi & Half Head	£88.00	£91.00	£93.50	£96.50	£100.50
Semi & Highlights	£94.50	£97.50	£101.50	£103.50	£109.50
Flashes	£61.50	£64.50	£69.50	£74.00	£78.00
Bleach	£80.00	£83.00	£88.00	£90.00	£91.00
Half Head Arco	£62.50	£65.50	£70.50	£75.00	£79.00
Half Head Foil / Wraps / Meche	£69.50	£72.00	£77.00	£81.00	£85.00
No Cut - Reduction	£6.50	£6.50	£6.50	£6.50	£6.50
Colour by Stylist	£10.50	£10.50	£10.50	£10.50	£10.50
Extra Colour	£10.50	£10.50	£10.50	£10.50	£10.50

Please Note: A skin test is required 48 hours prior to any colour services when colouring is taking place for the first time at our salon and renewed after a period of 12 months.

MEN & CHILDRENS HAIR

All technical work price inclusive of Cut & Finish

	Stylist	Advanced Stylist	Senior Stylist	Kerry	Federico
MEN					
Cut & Finish	£25.50	£27.50	£29.50	£32.00	£34.00
Wet Cut	£22.50	£24.50	£26.50	£28.50	£31.00
Clipper Cut	£17.00	£18.00	£19.00	£20.00	£21.50
Highlights	£58.50	£62.50	£67.50	£68.50	£70.50
Flashes	£46.50	£50.50	£51.50	£52.50	£54.50
Semi Permanent Colour	£58.50	£62.50	£67.50	£68.50	£70.50
Bleach	£69.00	£70.00	£73.00	£75.00	£77.00
Permanent Colour	£60.00	£64.00	£69.00	£71.00	£73.00

Please Note: A skin test is required 48 hours prior to any colour services when colouring is taking place for the first time at our salon and renewed after a period of 12 months.

CHILDREN

1 - 3 years old	£11.00	£11.00	£12.00	£12.00	£12.00
4 - 6 years old	£13.00	£13.00	£15.00	£15.00	£15.00
7 - 10 years old	£16.00	£16.00	£17.00	£17.00	£17.00
11 - 13 years old	£17.00	£18.00	£19.00	£19.00	£20.00
14 - 17 years old	£19.00	£20.00	£22.50	£23.50	£24.50

GIRLS CUT & FINISH

0 - 14 years old	£23.50	£24.50	£25.50	£26.50	£27.50
15 - 17 years old	£26.50	£27.50	£28.50	£29.50	£32.00

BOYS CUT & FINISH

0 - 14 years old	£21.50	£22.50	£23.50	£24.50	£25.50
15 - 17 years old	£22.50	£23.50	£24.50	£25.50	£26.50

BEAUTY TREATMENTS

Facials

VITALISER SPA FACIAL / £40.00

The ideal starting point - designed to enable your therapist to prepare your skin for corrective treatments. **1 hour**

WATER RADIANCE TREATMENT / £29.00

To bring the source of life (H₂O) to dull dehydrated skin types. This treatment starts the rehydration process with a brand new generation of active ingredients. Ideal for skins showing the first signs of ageing, and skin tightness. **45 mins**

THE INSTANT RADIANCE TREATMENT / £31.00

A lighter more even toned luminous complexion. A fabulous party treatment for an instant flawless finish. **45 mins**

THE CALMO-DERM TREATMENT / £28.50

For sensitive, red, damaged skins or those easily irritated. To diffuse redness and strengthen the skin in preparation for other treatments. **45 mins**

ALGO MASK FACIAL / £43.00

Adapted to suit your skin's needs. Your skin is truly refreshed and full of vitality thanks to healthy functioning activated by this seaweed mask rich in essential minerals. **1 hour 15 mins**

DERMO-PURIFYING TREATMENT / £33.00

A real answer to oily/combo skin types or true oily acne. High tech ingredients which are gentle, efficient and non-irritating. Courses are available to suit your needs. **1 hour**

HYDROLIFTING TREATMENT / £46.00

A responsive treatment for the thirty plus client. A complete four stage treatment - deep cleansing, intense rehydration, nourishment and lifting and firming. **1 hour 15 mins**

EYE YOUTH TREATMENT / £24.50

Anti ageing, anti fatigue. To eliminate the signs of ageing and tiredness to reduce puffiness and dark shadows. Recommended course of 6 treatments (4 weeks). **40 mins**

ANTI AGEING EYE CONTOUR TREATMENT / £41.00

Highly technological treatment specific for the eye area. Reduces puffiness and dark circles, smoothing effect, erases marks of fatigue and reduces lines and wrinkles. This truly unique treatment combines our active products and Collins First Micro Current Eye Patch, which can reduce crows feet by 40%. **1 hour**

COLLAGENY C TREATMENT / £57.00

A 'powerful cocktail' of collagen and vitamin C. Time reversal and a positive boost for skin to function effectively. Proven wrinkle reduction by 40% * for younger visibly radiant skin. *after a course of 3 treatments. **1 hour**

3D YOUTH TREATMENT / £63.50

3D effectiveness! A must for clients 35 years plus. Facial contours are remodelled and lifted whilst the wrinkle depth is considerably reduced. Wrinkle reduction - crow's feet up to 45%. Naso-labial folds up to 37%. Recommended course of 6 to 12 treatments. **1 hour 15 mins**

MORPHO - SKIN LIFTING / £32.00

An essential treatment for those who want to gain skin firmness and radiance and to increase the skins density, structure around the wrinkle and reduce its depth. **45 mins**

MORPHO-SKIN TREATMENT / £57.50

Inspired by major medical and cosmetic surgery procedures. A resurfacing treatment that promotes 'new skin' growth. Excellent for wrinkle reduction, acne scarring, dull lifeless skin and sun damage. Your metamorphosis is now possible. Course of 3 or 6 advisable. **1 hour** (single treatment)

REFINER PORE TREATMENT / £38.00

This treatment reduces dilated pores and insists on a smooth matt complexion. A peachy soft complexion is once more yours. **45 mins**

CACI / £38.00

A non surgical face lift which softens the deep lines and erases the finer ones, tones the muscles, and improves circulation which enables the skin to rid itself of toxins and dead cells more effectively, leading to a youthful, health glow. **1 hour**
Course of ten treatments £304.00

ANTI AGEING CALMING TREATMENT / £50.00

A double programme for sensitive skin and anti ageing. The perfect treatment to sooth, protect, calm, repair and hydrate the skin. An ideal way to repair the skin after holidays. **1 hour**

BEAUTY TREATMENTS

WAXING

Full leg & bikini line	£32.00
Full leg wax	£27.50
3/4 leg wax	£24.50
3/4 leg wax & bikini line	£27.50
Half leg wax	£19.50
Half leg wax & bikini line	£24.50
Bikini line	from £12.50
Underarm wax	£12.50
Lip/chin wax	£10.00
Forearm	£15.50
Full arm	£20.50
Eyebrow wax	£10.50
Eyebrow reshape	£12.50

DEPIGEI

Pain free hair removal treatment using tweezers to effectively reduce hair growth perfect treatment for people with sensitive skin. A popular treatment.

15 minutes	£13.50
30 minutes (2 x 15 mins)	£24.00
1 hour (4 x 15 mins)	£48.00
2 hours (8 x 15 mins)	£90.00
£7.00 for first 5 mins & £1 for every minute thereafter	

PROPII / £8.50

Progressive and lasting hair removal. Applied after waxing, the results are fewer and finer hairs. Waxing becomes less painful, with a real delay in regrowth. 15-20 treatments

OPI HAND & FOOT TREATMENTS

Express manicure (45 mins)	£23.50
Essential manicure (1 hour)	£26.50
Rejuvenating manicure (1 hour 20 mins)	£32.00
Express pedicure (45 min)	£24.50
Essential pedicure (1 hour)	£26.50
Retreat pedicure (1 hour 30 mins)	£37.00
File and polish (30 mins)	£13.00
Hand or foot treatments with French polish	£3.00
(full OPI product range to purchase see therapist for details)	
Please wear open toed foot wear when having a pedicure	

GEL AND ACRYLIC NAIL EXTENSIONS

Full set nail extensions	£45.00
In fills	£22.00
Re-whiten	£32.00
Nail art	£10.00
Gel toe overlay	£30.00

MINX NAILS

The non chip ever last pedicure with many fantastic designs on offer. £45.00

EYE TREATMENTS

Eyelash tint	£17.00
Eyebrow tint	£12.50
Eyelash and brow tint	£23.00
Eyelash perming	£35.00
Eyebrow straightening (1 hour)	£31.00
Application of false eyelashes	£16.50
Permanent eyelash extensions	£60.00
Permanent eyelash extensions top up	£32.00

MAKE-UP

Make-up	from £26.50
Bridal make-up	from £31.00

ST. TROPEZ BODY TREATMENTS

Airport spray tan	£29.50
Half body spray	£18.00
Half body can be legs or upper body or full body one coat only.	

Please seek treatment advice before booking tanning

AROMATHERAPY AND SWEDISH MASSAGE

Full body massage (1 hour)	£42.00
Back, neck and shoulder massage (30 mins)	£30.00
Full body with face (1 hour 15 mins)	£48.00

HOT STONE MASSAGE

A massage using essential oils and hot stones to ease aching tired muscles in a deeply relaxing way to leave you totally refreshed and calm.

Full massage (2 hours)	£63.50
Back neck and shoulders (1 hour)	£37.00

PACKAGES

MINI PAMPER SESSION /

FROM £30.00 PER CHILD

A special treat for childrens' parties. Includes mini facial, make up, file and polish. Including all refreshments. Treat your child while you have your hair done.

THE DIVA / £70

Blow dry, make-up, file and polish, application of false eyelashes. **2 hours 30 mins**

TLC TIME / £70

Back, neck and shoulder massage, eye beauty treatment, blow dry. **1 hour 50 mins**

MOTHERS DAY / £111.00

Facial, SBN massage, creative spa manicure, blow dry. **3 hours**

ISPIRO RETREAT FOR TWO / £155.00 pp

Collin vitaliser spa facial, full body massage spa, manicure and spa pedicure, lunch, blow dry. **4 hours**

HOLIDAY / £68.00

1/2 leg, bikini, underarm and eyebrow wax, mini facial. **1 hour 40 mins**

RELAXATION / £74.00

Full body aromatherapy massage and vitaliser spa facial. **2 hours**

PARTY TIME / £80.00

Express manicure, express pedicure, make-up and false lashes. **2 hours 30 mins**

STRESS TO BLISS / £150.00

Algo mask facial, tranquility body treatment, essential manicure and essential pedicure with paraffin wax. **5 hours**

BODY BEAUTY TREATMENTS

Our slimming treatments are designed to work on specific problem areas; you will see and feel a difference after each treatment. For a full programme your Collin Therapist will design a cure, which will include different programmes over a course of 10 treatments. By using this and our recommended home care products and by following a sensible eating plan you can expect to go down 1 dress size.

ANTI CELLULITE PROGRAMME / £41.00

For those with cellulite this programme will work precisely on the fat cells and firm the silhouette - dispersing cellulite for a smooth firm contour. **1 hour**

CONTOURING PROGRAMME / £41.00

For those stubborn fatty deposits around the waist, stomach and upper arm. This treatment will "break down" the fat cells for a more contoured figure. **1 hour**

DRAINING PROGRAMME / £41.00

If you suffer from cellulite and are prone to fat, heavy, swollen lower legs this treatment aids the elimination of toxins through lymphatic drainage whilst firming the contours of the body. **1 hour**

LIPO DRAINING / £41.00

This treatment will break down fatty tissues and disperse water retention by improving the lymphatic circulation. Ideal for those with a fuller figure. **1 hour**

BODY SILK TREATMENT / £20.50

Soft, silky, beautiful skin. To remove dry, dead, rough cells and a hydrating veil applied. Ideal before and after tanning. **30 mins**

TRANQUILITY - RELAXATION / £55.50

A Sea Salt Scrub will eliminate rough, dry skin. You will then receive a full body massage to relax you whilst our secret ingredient gently warms your skin. You will then be enveloped in a lemon verbena paste to ensure the warmth stays within you. Relax for a further 10 minutes, gently sleep in a candlelit haven for the ultimate tranquil experience. This treatment finishes with an invigorating, waking balm.

1 hour 15 mins

BODY BEAUTY TREATMENTS

SERENITY - ULTIMATE RELAXATION / £73.00

A Sea Salt Scrub will eliminate rough, dry skin. You will then receive a full body massage to relax you whilst our secret ingredient gently warms your skin. You will then be enveloped in a lemon verbena paste and placed in a heated blanket to ensure all muscles and joints are cocooned in a blissful wave of warmth. Relax in an atmosphere of candlelit serenity whilst your therapist cleanses your skin and performs Collin's Eye Youth Treatment to erase the stress of your hectic life. This treatment finishes with an invigorating, wakening balm and a treatment cream for your face. **1 hour 45 mins**

DERMO PURIFYING BACK TREATMENT / £41.00

A deep cleansing treatment for the whole back. For those suffering from congested or acneic problems or simply as a post or pre summer deep cleanse, available singularly or corrective courses of up to 8 treatments. **1 hour**

WHITEVIDENCE HAND TREATMENT / £20.00

To reduce pigmentation on the back of your hands! This treatment incorporates Biowhite to correct. Pigmentation marks will visibly lighten and skin will be softer and more luminous. **20 mins**

CACI BODY TREATMENT / £21.50

A treatment which aids inch reduction and improves the appearance of cellulite along with lifting the contours. **30 mins**

MENS GROOMING

MENS WAXING

Full back	£22.50
Full chest	£22.50
Half back	£16.50
Half chest	£16.50
Eyebrows	£10.50

DERMO-PURIFYING TREATMENT / £33.00

A real answer to oily/combo skin types or true oily acne. High tech ingredients which are gentle, efficient and non-irritating. Courses are available to suit your needs. **1 hour**

EYE YOUTH TREATMENT / £24.50

Anti ageing, anti fatigue. To eliminate the signs of ageing and tiredness to reduce puffiness and dark shadows. Recommended course of 6 treatments (4 weeks). **40 mins**

COLLAGENY C TREATMENT / £57.00

A 'powerful cocktail' of collagen and vitamin C. Time reversal and a positive boost for skin to function effectively. Proven wrinkle reduction by 40%* for younger visibly radiant skin. *after a course of 3 treatments. **1 hour**

ANTI AGEING MARINE COLLAGEN / £56.50

Combat the signs of ageing or sensitive skin types. This treatment will plump out lines and firm the skin. **1 hour**

MORPHO-SKIN TREATMENT / £57.50

Inspired by major medical and cosmetic surgery procedures. A resurfacing treatment that promotes 'new skin' growth. Excellent for wrinkle reduction, acne scarring, dull lifeless skin and sun damage. Your metamorphosis is now possible. Course of 3 or 6 advisable. **1 hour** (single treatment)

Please be advised that any of Collin's face, body or tanning treatments are completely compatible with male skin.

The same is relevant for all homecare products. Your Collin therapist will advise you if you are unsure of the most suitable treatment for your needs.

ISPIRO ESTETICA QUALITY

We always strive to keep our team motivated and at the top of their skills by ongoing education as well as some of our staff being members of the Ispiro artistic team, allowing them to exercise their skill and artistic expression and to inspire the rest.

Our aim is to please and satisfy you, our customer. We offer free consultations to take into account each person's individuality, needs and desires.

By communicating with you about the whole process and any ideas you or the hair designer / beauty therapist might have, we will offer you suggestions for various hair and beauty treatments available.

We also offer professional recommendations regarding the right hair and beauty products and equipment you might need, as well as how these should be used to obtain maximum beauty, making you more attractive.