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[www.ispiro.co.uk](http://www.ispiro.co.uk)

**ISPIRO** | ESTETICA

**HAIR & BEAUTY**  
PRICE LIST  
MAY 2011

Students, John Lewis, Boots,  
St Nicholas and Bon Accord  
Shopping Centre employees will  
receive 10% discount Mon - Fri.

Appointments over 40 minutes  
duration will require a deposit.  
No refunds will be given on  
appointments cancelled with less  
than 24 hours notice.

There will be a 75% charge for  
any appointments cancelled with  
less than 24 hours notice without  
a valid reason.

Any missed appointments with no  
notice of cancellation will be  
charged at 100% rate.

## ISPIRO ESTETICA HAIR

Whether you are seeking a precision cut, custom colour, a relaxing or volumising service or a nourishing moisturising treatment, our team have been thoroughly and professionally trained to meet your needs.

## ISPIRO ESTETICA BEAUTY

Located on the 2nd floor is our spacious Beauty Salon which has comprehensive facilities for all aspects of beauty therapy and gift packages.

## OPENING TIMES

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<b>MONDAY</b>	9am	-	5pm
<b>TUESDAY</b>	9am	-	5pm
<b>WEDNESDAY</b>	9am	-	5pm
<b>THURSDAY</b>	9am	-	7:40pm
<b>FRIDAY</b>	9am	-	5pm
<b>SATURDAY</b>	9am	-	5pm
<b>SUNDAY</b>	CLOSED		

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## LADIES CUTTING & STYLING

	STYLIST	ADVANCED STYLIST	SENIOR STYLIST	KERRY	FEDERICO
CUT & FINISH	£37.00	£39.50	£42.00	£45.00	£48.00
SHAMPOO & FINISH	£25.50	£26.50	£27.50	£30.00	£33.00
RESTYLE	£41.00	£43.00	£45.00	£48.00	£50.00
WET CUT	£29.00	£31.00	£34.00	£37.00	£40.00
LONG HAIR CUT & FINISH	£39.00	£42.00	£45.00	£47.00	£50.00
HAIR UP DRY	£32.50	£35.00	£38.00	£41.00	£43.00
HAIR UP WITH CUT	£57.00	£59.50	£62.00	£65.00	£68.00
HAIR UP WITH SET	£45.00	£47.00	£49.00	£50.00	£52.00
FULL HEAD TONG	£45.00	£47.00	£49.00	£52.00	£57.00
HALF HEAD TONG	£25.00	£26.50	£27.50	£30.00	£33.00
CURL ALONG WITH BLOW DRY	£9.00	£9.00	£9.00	£9.00	£9.00
CONDITIONING TREATMENT	£13.00	£13.00	£13.00	£13.00	£13.00
<b>BRIDAL HAIR</b>	£42.00	£45.00	£49.00	£50.00	£54.00

## PERMANENT VOLUMISING & RELAXING

all technical work price inclusive of cut & finish

PERM	£86.00	£92.00	£97.00	£100.00	£102.00
LONG HAIR PERM	£97.00	£102.00	£104.00	£107.00	£109.00
SPIRAL	£122.00	£126.00	£132.00	£134.00	£138.00
RELAXER	£109.00	£116.00	£122.50	£128.00	£134.50
NO CUT - REDUCTION	£6.50	£6.50	£6.50	£6.50	£6.50

### OUT OF SALON SERVICE

from £100.00

### HAIR EXTENSIONS (TEMPORARY AND PERMANENT)

on consultation

### PERMANENT EXTENSIONS

from £350.00

### TEMPORARY EXTENSIONS

from £100.00

## LADIES COLOUR ZONE

all technical work price inclusive of cut & finish

	STYLIST	ADVANCED STYLIST	SENIOR STYLIST	KERRY	FEDERICO
ARCO HIGHLIGHTS	£82.00	£85.00	£89.00	£93.00	£97.00
FOIL / WRAPS HIGHLIGHTS	£88.00	£92.00	£96.00	£100.00	£102.00
CAP HIGHLIGHTS	£76.00	£79.00	£83.00	£87.00	£90.00
PERMANENT COLOUR	£79.00	£83.00	£87.00	£89.00	£91.00
SEMI PERMANENT COLOUR	£71.00	£75.00	£79.00	£81.00	£85.00
COLOUR & FLASHES	£93.50	£97.50	£101.50	£104.50	£107.00
COLOUR & HALF HEAD HIGHLIGHTS	£100.00	£104.00	£106.00	£108.00	£110.00
COLOUR & HIGHLIGHTS	£108.00	£112.00	£116.00	£120.00	£124.00
SEMI & FLASHES	£86.00	£90.00	£94.00	£98.00	£102.00
SEMI & HALF HEAD	£92.00	£96.00	£99.00	£103.00	£107.00
SEMI & HIGHLIGHTS	£99.00	£102.00	£106.00	£110.00	£115.00
FLASHES	£65.00	£69.00	£73.00	£77.00	£82.00
BLEACH	£84.00	£88.00	£92.00	£95.00	£98.00
HALF HEAD ARCO	£66.00	£69.00	£73.00	£77.00	£82.00
HALF HEAD FOIL / WRAPS / MECHE	£73.00	£76.00	£80.00	£85.00	£89.00
NO CUT - REDUCTION	£7.00	£7.00	£7.00	£7.00	£7.00
COLOUR BY STYLIST	£11.00	£11.00	£11.00	£11.00	£11.00
EXTRA COLOUR	£11.00	£11.00	£11.00	£11.00	£11.00
PERMANENT COLOUR REGROWTH		£63.00			
SEMI COLOUR REGROWTH		£57.00			

**Please Note:** A skin test is required 48 hours prior to any colour services when colouring is taking place for the first time at our salon and renewed after a period of 12 months.

## MEN & CHILDRENS HAIR

all technical work price inclusive of cut & finish

	STYLIST	ADVANCED STYLIST	SENIOR STYLIST	KERRY	FEDERICO
<b>MEN</b>					
CUT & FINISH	£27.00	£29.00	£31.00	£34.00	£36.00
WET CUT	£24.00	£26.00	£28.00	£30.00	£33.00
CLIPPER CUT	£18.00	£19.00	£20.00	£21.00	£23.00
HIGHLIGHTS	£61.00	£64.00	£70.00	£72.00	£74.00
FLASHES	£48.00	£52.00	£54.00	£55.00	£57.00
SEMI PERMANENT COLOUR	£50.00	£52.00	£54.00	£56.00	£58.00
BLEACH	£71.00	£73.00	£75.00	£77.00	£79.00
PERMANENT COLOUR	£56.00	£58.00	£60.00	£62.00	£64.00
<b>CHILDREN</b>					
1 - 3 YEARS OLD	£11.50	£12.00	£12.50	£13.00	£14.00
4 - 6 YEARS OLD	£14.00	£14.50	£15.00	£16.00	£17.00
7 - 10 YEARS OLD	£16.50	£17.00	£18.00	£19.00	£20.00
11 - 13 YEARS OLD	£17.50	£18.00	£19.00	£20.00	£21.00
14 - 17 YEARS OLD	£18.50	£19.00	£20.00	£21.50	£22.00
<b>GIRLS CUT &amp; FINISH</b>					
0 - 14 YEARS OLD	£25.00	£26.00	£27.00	£28.00	£29.00
15 - 17 YEARS OLD	£28.00	£29.00	£30.00	£31.00	£32.00
<b>BOYS CUT &amp; FINISH</b>					
0 - 14 YEARS OLD	£21.00	£22.00	£23.00	£24.00	£25.00
15 - 17 YEARS OLD	£22.00	£23.00	£24.00	£25.00	£26.00

**Please Note:** A skin test is required 48 hours prior to any colour services when colouring is taking place for the first time at our salon and renewed after a period of 12 months.

## BEAUTY TREATMENTS

facials and corrective treatments

### THE ESSENTIAL TREATMENT

The ideal starting point to ensure your skin receives what it needs at the beginning of your journey into specialised skincare and beautiful skin for life. After which, your personal beauty prescription will be designed for you. **£45.00 (1 hour)**

### THE EXPRESS LIFTING TREATMENT

If you wish to experience for the first time the results of a sublime anti-ageing line or those running to a budget. Incorporating deep cleansing, wrinkle reduction and a lifting and firming mask, your skin will look rested and more. **£38.00 (45 mins)**

### THE PERFECTING PORE PURIFYING TREATMENT

This treatment reduces dilated skin pores and insists on a smooth, matte complexion whilst respecting your skin's fundamental needs. A peachy, soft complexion is yours once more. **£39.00 (45 mins)**

### THE ALGOMASK PROFESSIONAL TREATMENTS

This intense surge of moisturising active ingredients and freshness provides your skin with vitality and radiance. Rich in Algisium®, algae extract and hyaluronic acid, this treatment replenishes your skin so it's radiant, supple and comfortable. **£46.00 (1 hour)**

### THE EYE EXPERTISE PROFESSIONAL TREATMENT

This innovative treatment uses gentle micro-current stimulus to reduce lines and wrinkles and lift and firm the eyelid. Your delicate eye area will be radiant, lines diminished (by over 40%) and puffiness and dark shadows reduced. **£45.00 (1 hour)**

### THE HYDROLIFTING PROFESSIONAL TREATMENT

A comprehensive treatment that delivers moisturising, nourishing, regenerating, lifting and strengthening active ingredients to your skin. It brightens your complexion and provides an instant "burst of radiance". Recommended course of 3 to 6 treatments. **£48.00 (1 hour)**

### THE REGENERATING PROFESSIONAL PEELING TREATMENT

This treatment offers the most visible transformation you can obtain without aesthetics treatments. It will erase dead cells and re-launch cell renewal. Beautiful and young looking skin from 20-80 years. Suitable for all skin types except sensitive. Sold individually or as a corrective course of 3 - 6 treatments. **£67.00 (1 hour)**

### THE RADIANCE RENEWING PROFESSIONAL TREATMENT

This professional treatment combines a 15% content of pure vitamin C, with 100% native collagen and a wrinkle repairer, for smoothing efficacy. Treatment kick starts the natural anti-ageing of the skin. Extreme levels of hydration are put back into the skin whilst a natural protection against the damaging effects of UVA and UVB are observed. Proven efficiency - within 1 hour proven wrinkle reduction by up to 30.5% and increased radiance by up to 80%. **£75.00 (1 hour)**

### CACI

A non surgical face lift which softens the deep lines and erases the finer ones, tones the muscles, and improves circulation which enables the skin to rid itself of toxins and dead cells more effectively, leading to a youthful, health glow. Course of ten treatments £320.00. **£40.00 (1 hour)**

### THE WRINKLE FIRMNESS CELLULAR TREATMENT

Developed especially for the 40yr + client or if you wish to visibly reduce lines and wrinkles, lifts and firm the skin, A new generation of active ingredients acts as a cellular coach to prolong the life of your skin cells thus enhancing and promoting a more youthful appearance. The results are clinically tested and proven to increase skin firmness by 90% and to smooth wrinkles by 80% after the first treatment. **£66.00 (1 hour)**

### THE ANTI AGEING CALMING PROFESSIONAL TREATMENT

For the first time, red, sensitive, angry skin has the opportunity to be treated with highly effective anti-ageing properties. Your skin will be totally strengthened, redness reduced instantly, whilst combating the signs of ageing. Clinical tests show wrinkle reduction of up to 27%. Recommended course of 4 treatments. **£55.00 (1 hour)**

### THE WHITEVIDENCE YOUTH AND LIGHTENING PROFESSIONAL TREATMENT

To respond to a growing demand for visible reduction against "photo ageing" - brown pigmentation, wrinkles and loss of skin firmness, whilst increasing the skin's luminosity and colour uniformity. Using ultra concentrated formulas to give immediate results, whilst offering long term corrective effectiveness. After 1 treatment you may find your complexion 100% brighter, more luminous, uniformed in colour and smoother, firmer by 95%, wrinkles less visible by 85% and brown pigmentation reduced by 68%. **£65.00 (1 hour)**

## BEAUTY TREATMENTS

### WAXING

Full leg & bikini line	£35.00
Full leg wax	£29.00
3/4 leg wax	£26.00
3/4 leg wax & bikini line	£32.00
Half leg wax	£20.50
Half leg wax & bikini line	£28.00
Bikini line	£13.00
Underarm wax	£13.00
Lip/chin wax	£10.00
Forearm	£16.50
Full arm	£21.50
Eyebrow wax	£10.50
Eyebrow reshape	£12.50

### MENS WAXING

Full back	£24.00
Full chest	£24.00
Half back	£17.00
Half chest	£17.00
Eyebrows	£10.50

### DEPIGEI

Pain free hair removal treatment using tweezers to effectively reduce hair growth perfect treatment for people with sensitive skin. A popular treatment.

15 minutes	£14.50
30 minutes (2 x 15 mins)	£26.00
1 hour (4 x 15 mins)	£50.00
2 hours (8 x 15 mins)	£95.00

£7.00 for first 5 mins & £1 for every minute thereafter

### PROPIL

Progressive and lasting hair removal. Applied after waxing, the results are fewer and finer hairs. Waxing becomes less painful, with a real delay in regrowth. 15 - 20 treatments.

**£8.50**

### LYCON WAXING

A hot wax applied to the pre-oiled area. Attaching to the hair only, manually pulled off with no strips involved, enabling the hair to be removed from the root with minimal pain, no hair snapping and a very smooth successful finish.

Hollywood - Hair completely removed	£40.00
Brazilian - All hair removed with strip left	£35.00
G-String - Extended standard bikini wax	£25.00
Standard - Bikini wax	£16.00

Hollywood and full leg	£60.00
Brazilian and full leg	£55.00
G-String and full leg	£42.00
Standard and full leg	£38.00

Hollywood and half leg	£55.00
Brazilian and half leg	£48.00
G-String and half leg	£38.00
Standard and half leg	£32.00

### OPI HAND & FOOT TREATMENTS

Express manicure (45 mins)	£25.50
Essential manicure (1 hour)	£28.50
Rejuvenating manicure (1 hour 20 mins)	£34.00
Express pedicure (45 min)	£26.50
Essential pedicure (1 hour)	£28.50
Retreat pedicure (1 hour 30 mins)	£39.00
File and polish (30 mins)	£14.00
Salon Polish (book whilst colour developing)	£13.00
Hand or foot treatments with French polish	£3.50
Shellac Polish (2 week non-chip finish)	*£10.00
(*Add £10 onto any hand or foot treatment for Shellac)	

(full OPI product range to purchase see therapist for details)

### PLEASE WEAR OPEN TOED FOOT WEAR WHEN HAVING A PEDICURE

### MINX NAILS

The non chip ever last manicure and pedicure with many fantastic designs on offer.

File and Minx on hands and toes £26.00

## BEAUTY TREATMENTS

### EYE TREATMENTS

Eyelash tint	£18.00
Eyebrow tint	£12.50
Eyelash and brow tint	£24.00
Eyelash perming	£37.00
Application of false eyelashes	£17.00
Semi-permanent eyelash extensions	£60.00
Semi-permanent eyelash extensions top up	£32.00

### MAKE-UP - VANI-T MINERAL

Make-up	from £28.00
Bridal make-up	from £33.00

### ST. TROPEZ BODY TREATMENTS

Airport spray tan	£30.00
Half body spray	£19.00

Half body can be legs or upper body or full body one coat only.

### PLEASE SEEK TREATMENT ADVICE BEFORE BOOKING TANNING

### AROMATHERAPY AND SWEDISH MASSAGE

Full body massage (1 hour)	£45.00
Back, neck and shoulder massage (30 mins)	£32.00
Full body with face (1 hour 15 mins)	£50.00

### HOT STONE MASSAGE

A massage using essential oils and hot stones to ease aching tired muscles in a deeply relaxing way to leave you totally refreshed and calm.

Full massage (2 hours)	£67.50
Back neck and shoulders (1 hour)	£39.00

## PACKAGES

### MINI PAMPER SESSION

A special treat for childrens' parties. Includes mini facial, make up, file and polish. Including all refreshments. Treat your child while you have your hair done.

**From £32.00 (per child)**

### THE DIVA

Blow dry, make-up, file and polish, application of false eyelashes. **£79.00 (2 hour 30 mins)**

### TLC TIME

Back, neck and shoulder massage, eye beauty treatment, blow dry. **£76.00 (1 hour 50 mins)**

### MOTHERS DAY

Facial, SBN massage, creative spa manicure, blow dry. **£115.00 (3 hours)**

### ISPIRO RETREAT FOR TWO

Collin vitaliser spa facial, full body massage spa, manicure and spa pedicure, lunch, blow dry.

**£158.00 pp (4 hours)**

### HOLIDAY WAX PACK

1/2 leg, bikini, underarm and eyebrow wax.

**£56.00 (1 hour 40 mins)**

### RELAXATION

Full body aromatherapy massage and vitaliser spa facial.

**£80.00 (2 hours)**

### PARTY TIME

Express manicure, express pedicure, make-up and false lashes. **£90.00 (2 hour 30 mins)**

### STRESS TO BLISS

Algo mask facial, tranquility body treatment, essential manicure and essential pedicure with parafin wax.

**£160.00 (5 hours)**

### MUM TO BE

Express manicure, essential pedicure, mini facial and blow dry. **£93.00**

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## BODY BEAUTY TREATMENTS

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Our slimming treatments are designed to work on specific problem areas; you will see and feel a difference after each treatment. For a full programme your Collin Therapist will design a cure, which will include different programmes over a course of 10 treatments. By using this and our recommended home care products and by following a sensible eating plan you can expect to go down 1 dress size.

### THE DIET KICK-START TREATMENT

Designed to support any weight loss plan and kick start your diet. By working on circulation in your lymphatic and digestive systems, this treatment "kick-starts" the natural internal cleansing systems within your body. You will be invigorated and cleansed, both inside and out, and your weight loss plan begun. Recommended course of 4 treatments at 2 per week. **£45.00 (1 hour)**

### THE ANTI CELLULITE PROGRAMME - ALGO SLIMMING PROGRAMME 1

For those with cellulite, this programme will work precisely on the fat cells and firm the silhouette - dispersing cellulite for a smooth, firm contour. **£45.00 (1 hour)**

### THE CONTOURING PROGRAMME - ALGO SLIMMING PROGRAMME 2

For those with stubborn fatty deposits around the waist, stomach and upper arm. This treatment will "break down" the fat cells for a more contoured figure. **£45.00 (1 hour)**

### THE DRAINING PROGRAMME - ALGO SLIMMING PROGRAMME 3

If you suffer from cellulite and are prone to fat, heavy, swollen lower legs, this treatment aids the elimination of toxins through lymphatic drainage whilst firming the contours of the body. **£45.00 (1 hour)**

### THE LIPO DRAINING PROGRAMME - ALGO SLIMMING PROGRAMME 4

This treatment will break down fatty tissues and disperse water retention by improving the lymphatic circulation. Ideal for those with a fuller figure. **£45.00 (1 hour)**

### THE PURIFYING BACK TREATMENT

A specific solution for all individuals with congested skin texture on the back. A treatment rich in purifying and absorbing agents to rediscover purified, clarified skin. **£43.00 (45 mins)**

### THE RELAXING BACK TREATMENT

A treatment to combat stress and muscle tension. After exfoliating with a "dead sea" salt scrub an application of warm nourishing oil dispensed from a massage candle is applied and your tired muscles massaged as you relax and unwind. A heated mask is then applied to eliminate muscle toxins and cleanse and purify the skin. A hydrating skin veil finishes your treatment. **£50.00 (50 mins)**

### TRANQUILLITY - RELAXATION

A sea Salt Scrub will eliminate, rough dry skin. You will then receive a full body massage to relax you whilst our secret ingredient gently warms your skin. You will then be enveloped in a lemon verbena paste to ensure the warmth stays within you. Relax for a further 10 minutes, gently sleep in a candlelit haven for the ultimate experience. This treatment finishes with an invigorating, wakening balm. **£62.00 (1 hour 15 mins)**

### THE SERENITY - ULTIMATE RELAXATION

A sea Salt Scrub will eliminate, rough dry skin. You will then receive a full body massage to relax you whilst our secret ingredient gently warms your skin. You will then be enveloped in a lemon verbena paste to ensure all muscles and joints are cocooned in a blissful wave of warmth. Relax in an atmosphere of candlelit serenity whilst your therapist cleanses your skin and performs a 30 minute relaxing COLLIN RESULTIME facial treatment to erase the stress of your hectic life. This treatment finishes with an invigorating, wakening balm. **£76.00 (1 hour 45 mins)**

### CACI BODY TREATMENT

A treatment which aids inch reduction and improves the appearance of cellulite along with lifting the contours. **£23.00 (30 mins)**

### BODY SILK TREATMENT

Soft, silky, beautiful skin. To remove dry, dead, rough cells and a hydrating veil applied. Ideal before and after tanning. **£22.00 (30 mins)**

## ISPIRO ESTETICA QUALITY

We always strive to keep our team motivated and at the top of their skills by ongoing education as well as some of our staff being members of the Ispiro artistic team, allowing them to exercise their skill and artistic expression and to inspire the rest.

Our aim is to please and satisfy you, our customer. We offer free consultations to take into account each person's individuality, needs and desires.

By communicating with you about the whole process and any ideas you or the hair designer / beauty therapist might have, we will offer you suggestions for various hair and beauty treatments available.

We also offer professional recommendations regarding the right hair and beauty products and equipment you might need, as well as how these should be used to obtain maximum beauty, making you more attractive.